



GUIDANCE NOTICE

Scale G First Aid Kits

This Guidance Notice provides details of the medical supplies and equipment required under the National Standard for Commercial Vessels (NSCV) for the following vessel classes: 1D (with unberthed passengers), 1E (with unberthed passengers), 2D, 2E, 3D and 3E. A medical cabinet stocked with appropriate supplies may also be required.

This Guidance Notice is accurate as at 10 September 2014. Please check the current version of the NSCV and maritime legislation, or contact the National Regulator, to confirm current requirements.

Introduction

This Fact Sheet specifies the minimum medical supplies and equipment necessary to treat minor medical conditions or injuries, or to temporarily stabilise a patient until transfer to medical assistance can be arranged.

The supplies and quantities specified may need to be expanded in accordance with the particular risks inherent to the voyage, the length of the voyage, access to medical facilities, the cargoes carried, and the number of persons on board. Owners and operators should therefore obtain medical advice in specifying medical supplies for their vessels.

If you are unsure of the nature or seriousness of an illness or injury, radio medical advice should be sought and, if necessary, medical evacuation by helicopter should be initiated. If a child requires treatment, radio medical advice should be sought as the medical inventories are designed for adults.

Please note the following:

- Persons administering first aid should possess as a minimum a current first aid qualification in accordance with the NSCV Part D.
- Medical supplies must not exceed the expiry date specified by the manufacturer or supplier of the product.
- Products such as analgesics and creams will be considered adequate if an opened package contains at least 50 per cent of the original quantity, and the remaining product is uncontaminated and unaffected by any expiry date as a result of any seal being broken.
- Medication should be provided in original, sealed blister or foil packs where possible.
- All products must carry instructions and directions for use in English and clearly state the adult dose where applicable to enable safe and effective use of the medication for the intended purpose(s).

First Aid Kits

- All vessels must carry at least one portable first aid kit as specified in the table below.
- This kit must be located adjacent to the Master's accommodation, or in the wheelhouse. In small partly open vessels, the kit must be stowed so as to protect it from incoming spray and weather.
- The kit must be stored in a weather-tight, portable case of a non-corrosive material of suitable strength and size to accommodate the first aid stores. It should be fastened securely with quick-release closures.
- The kit must be labelled FIRST AID on the lid and at least 2 sides for quick identification. The storage location of the kit must be clearly identified with an appropriate sign or sticker.
- The kit must be cleaned and checked every 3 months.

Items to be stored in first aid kit

| Description | Qty | Notes | Comments |
|--|-----|-------|---|
| Bandage, conforming 5cm | 1 | | Secure dressing and support injured parts |
| Bandage, conforming 10cm | 1 | | Secure dressing and support injured parts |
| Bandage, heavy crepe 7.5cm | 2 | | Support bandage |
| Bandage, triangular | 4 | | Sling |
| Dressing, combine 10 x 10cm, sterile | 3 | † | Bleeding control |
| Dressing, combine 10 x 20cm, sterile | 2 | † | Bleeding control, large |
| Dressing, non-adherent (10 x 10cm or similar) | 5 | † | Wound cover |
| Dressing, hydroactive (10 x 10cm or similar) | 1 | † | Blisters, burns and minor exudate wounds |
| Wound dressing, combination, large | 2 | | Major wounds |
| Wound dressing, combination, small | 2 | | Major wounds |
| Adhesive roll non-woven fabric 5cm x 10m | 1 | | Securing dressings |
| Dressings, elastic fabric strips | 50 | | Minor wound cover |
| Gauze swabs, sterile (single use pkt of 3) | 3 | † | Cleansing / dressing wound |
| Eye pad, sterile | 2 | † | Eye cover |
| Wound closure strips, wide, 6 x 38mm | 1 | † | Securing wound sides |
| Tape surgical waterproof 2.5cm x 5m | 1 | | Secure dressing |
| Tape surgical waterproof 5cm x 5m | 1 | | Secure dressing |
| Towels, disposable, pkt of 2 | 2 | | |
| Plastic bag set (3 asst L, M and S) | 1 | | Amputated parts |
| Plastic bag | 2 | | Disposal of soiled dressings |
| Gloves, disposable, large | 10 | | |
| Safety pins, stainless, assorted pkt of 12 | 1 | | |
| Blanket, emergency thermal | 1 | | Hypothermia and shock |
| Ice pack, instant | 1 | | |
| Resuscitation mask, disposable | 1 | | |
| Splinter probes, sterile, disposable | 5 | | |
| Splinter forceps, 12.5cm | 1 | | |
| Shears, stainless, 19cm minimum | 1 | | |
| Splint malleable, universal | 1 | | |
| Normal saline, sterile 30mL polyamp | 6 | † | Eye irrigation / wound cleaning |
| <i>Sodium Chloride 0.9% (Normal Saline) ampoule 10mL</i> | 20 | † | |
| <i>Sterile injection and irrigation 50mL</i> | 3 | † | |
| <i>Sodium Chloride Compound eye rinse 120mL</i> | 2 | † | |

Notes: † Expiry dated

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Items shown in italics are considered an equivalent substitution when the medication required by the standard is unavailable.

| Description | Qty | Notes | Comments |
|--|-----|-------|--|
| Povidone iodine swabs (single use) | 10 | † | Antiseptic |
| <i>Povidone-Iodine 10% Antiseptic Liquid 100mL</i> | 1 | † | |
| Anaesthetic + antiseptic cream 30g | 1 | † | |
| <i>Cetrimide/Lignocaine compound cream 100g</i> | 1 | † | |
| <i>Benzalkonium Chloride/Lignocaine sunburn relief spray 125mL</i> | 1 | † | |
| Paracetamol 500mg tablets or capsules | 20 | † | Mild pain relief |
| Hyoscine Hydrobromide 0.3 mg tablets | 10 | † | Seasickness |
| <i>Hyoscine Hydrobromide 0.2mg, Dimenhydrinate 50mg,</i> | 10 | † | <i>Potentially more sedating. Alcohol must be avoided.</i> |
| <i>Caffeine 20mg tablets</i> | 10 | | |
| Loperimide 2 mg tablets | 16 | † | Diarrhoea |
| <i>Loperamide 2mg capsules</i> | 24 | † | |
| <i>Diphenoxylate HCl 2.5mg/Atropine Sulfate 25mcg tablets</i> | 20 | *† | |
| Antacid tablets | 12 | † | |
| <i>Antacid liquid 500mL</i> | 1 | † | |
| List of contents, brief instructions for use, expiry dates, and last check dates | 1 | | Stowed within or adjacent to the kit |

Notes: † Expiry dated

* Requires prescription

Items shown in italics are considered an equivalent substitution when the medication required by the standard is unavailable.

Items that may be stored separately, but should be readily accessible to the crew

| Description | Qty | Notes | Comments |
|---|----------|-------|--|
| CPR instruction chart or card | 1 | | |
| Australian First Aid Book | 1 | | |
| Medical Log Book | 1 | | To record the use of all medicines, first aid and medical incidents, including the name of the patient, date and time, condition, and treatment. |
| SAE Defibrillator (Laerdal First Aid unit or similar) | Optional | | Recommended for Class 1 vessels. Where this is carried, SAE Defibrillation training should be undertaken. |
| Stretcher for helicopter evacuation / ship board use | Optional | | Recommended for Class 1 vessels |
| First Aid Oxygen Unit (Oxyport or equal) | Optional | | Recommended for Class 1 vessels |